

Problem bingo

How problematic are you?

Fake
Friends

Jealous

Can't stop
saying "like"

Can't stay
still

Eats too
much

Always
depressed

Gets
bullied

Not open
to change

Picky

Can't stop
getting sick

Anxiety

Chews/
bites nails

Free space

Lonely

Has
nightmares

ADHD

Eats too
little

Has a
depressing
playlist

Couch
potato

Has
insomnia

Wishes you were
someone else

Obsesses over
random things

Gender
dysphoria

Uses self
h@rm

Pick me